



# Heart Health Living *Increasing Dietary Compliance in Patients*

**Thursday, October 22, 2009 7:30 a.m. – 8:30 a.m.**

Onawa Community Center, 320 10<sup>th</sup> Street, Onawa, IA

- Free program Complimentary Breakfast

**With Joe Piscatella** bestselling author, high energy speaker and expert on the topic of heart health. He has been a guest on The Today Show, CNN, Good Morning America, and Fox News and hosted PBS television specials on lifestyle and health.

**Sponsored by**

*Creighton University School of Medicine  
Burgess Foundation  
Burgess Health Center*

**A program for physicians, physician assistants, nurse practitioners, nurses, dietitians, and other health care professionals.**

**Objectives**

- Identify the major factors responsible for dietary non-compliance
- Examine patients’ ability to include “functional foods” in their diets
- Determine patients’ ability to create and use fat budgets in their diet.

**Designation Statement**

The Creighton University School of Medicine designates this educational activity for a maximum of *1 AMA PRA Category 1 Credit(s)*. Physicians should only claim credit commensurate with the extent of their participation in the activity. This program is approved for 0.1CEU by the Iowa Board of Nursing Provider number 16. This program has been approved for 1 hr of continuing education for Registered Dietitians by IA Dietetic Association

**Accreditation Statement**

The Creighton University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.

**Registration**

Please fill out this form below and mail to Burgess Health Center, 1600 Diamond St., Onawa, IA 51040; phone in your reservation; or print from our website and fax to Burgess: Attn. Claudia. **Deadline to register is October 20.**

**Program:** Healthy Heart Living: Increasing Dietary Compliance in Patients **Date:** October 22, 2009

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City/St/Zip \_\_\_\_\_

Phone \_\_\_\_\_



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