

the heart truth



Stephanie Christensen,
DNP

Wear Red Heart Health Event

Friday, February 14, 2025

Onawa Community Center
10:30 a.m. Booths Open
11:30 a.m. Lunch & Keynote

Presented by:



BURGESS
Health Center

Reservations

Cost is \$15

Complete the form below OR call 712-423-9200 by February 7, 2025

Luncheon Features

The Heart Truth

Keynote: Stephanie Christensen, DNP of CHI Health Cardiology

* Raising Awareness for Women's Heart Disease and Stroke Risks

Educational, fun vendor booths

Free chair massages

Fingernail painting courtesy of the West Monona FCCLA (red nail polish of course!)

Heart healthy lunch catered by Staley's - fish or chicken options



Name(s) _____ Number Attending _____
Address, City, ZIP _____
Email Address _____
Phone # _____ Fish or Chicken _____

Mail this form and payment to: (make checks payable to Burgess Health Center)
Burgess Health Center Wear Red • 1600 Diamond Street • Onawa, IA 51040