

What Are Chronic Conditions?

Chronic conditions, or chronic diseases, are medical diagnoses that are long-lasting. The word "chronic" is used when the disease or condition lasts for one year or more. Chronic diseases require frequent medical attention and are very common. Six out of ten adults in the United States have a chronic disease, and four out of ten adults have two or more chronic diseases.

Examples of Chronic Disease Diagnoses

Some of the most common chronic disease diagnoses include (but are not limited to):

- Diabetes
- Chronic Kidney Disease
- Cancer
- Arthritis
- Chronic Obstructive Pulmonary Disease (COPD)
- Heart Disease
- Obesity



Our Chronic Care Management (CCM) Program

Eligibility

To qualify for CCM enrollment you must:

- Have 2 or more chronic conditions
- Have Medicare Part B Our Chronic Care Management (CCM) Program

How the Program Works

You will work with our clinic team members on a regular basis, in between your regularly scheduled visits with your doctor, to create personalized care plans reflecting health goals important to you.

Topics you will likely discuss include lifestyle changes, reviewing medications and care instructions, introduction to community resources, addressing barriers preventing you from achieving your goals, and coordination of care.

Why CCM?

Here at Burgess Family Clinic, we believe that by using our entire team to care for our patients, we provide a more holistic and personalized approach to treatment of chronic conditions. By providing these between visits with your doctor, CCM will enable us to create a tailored care plan that changes as frequently as you need.

Benefits For You

When you're enrolled in CCM, you will have direct access to a healthcare professional 24/7/365 through our Nurse Advice Line.

There is no enrollment fee for CCM, and the copay for this program is minimal. Talk with the registrar at the front desk who can run your exact costs for you.

Meet Our CCM Team



Dana Longlee, RN Population Health Coordinator

Becca Petersen, LPN





Sue McLaughlin, RN







Melissa Holverson, RN

Erin Erickson, RN





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Chronic Care Management

Between-visit-care for patients with chronic disease.

We Want to Help

By registering for our Chronic Care Management (CCM) program, you will have access to all the help you need to manage your chronic disease(s).

Using a team-based approach, we help you understand your diagnoses, assess your needs, and create care plans that help you reach your health goals.



